

Those new "Brar Foods"—a new one born every week—a recognition of the need of laxatives for the human stomach in combination with a nutritious, easily digested food was solved twenty years ago by the invention of **Shredded Wheat Biscuit**, the food that supplies all the body-building material in the whole wheat grain in a digestible form, combined with bran which is Nature's laxative. A body-building, strength-giving food. Serve with milk or cream or sugar, or with cream or other fats. Made at Niagara Falls, N. Y.

TESTED RECIPES
 Gooseberry Catsup
 To seven pounds of gooseberries (either ripe or green), allow four pounds sugar, one pint vinegar if the berries are ripe, or one cup if green, one tablespoon each of ground cloves and cinnamon, and one teaspoon each of ginger and allspice. If blood a little mustard or pepper may be added. Boil all together, stirring constantly to the consistency of catsup. Seal up in bottles or jars.

Deviled Oysters

Put one pint of oysters in strainer placed over bowl, and pour over one-third of a cupful of cold water, reserving the water. Carefully pick over the oysters, taking each one separately in the fingers, to remove any particles of shell which adhere to tough muscle. Put oysters in steamer and cook until plump and edges begin to curl slightly. Strain liquor through cheesecloth and add to liquor used in washing oysters. Measure liquor and add enough water to make one and a half cupful of liquor. Melt three tablespoons of butter, and add four tablespoons of flour with one half teaspoon of salt, one half teaspoon of curry powder, and one eighth of a teaspoonful of paprika. Pour on one and a half cupful of liquor gradually, while stirring constantly, and bring to the boiling point. Add oysters, and season with one teaspoon of Worcestershire sauce, one teaspoon of lemon juice, or drop of tabasco sauce, and with salt to taste. Serve unwashed water crackers.

Easier To Stop Now

It is easier to check a bronchial cough now than later. Coughs grow worse the longer the coughing. Foley's Honey and Tar Syrup, taken in throat, allays inflammation and irritation, restores voice and discharging membranes to healthy condition, opens congested air passages, and at last brings relief. Sold every where.

Is it for rent? Try The Leader Want Columns.

CHICHESTER'S PILLS
 THE DIABETES BRAND
 Sold by druggists everywhere.

TUNE YOUR PIANO
 By Reliable Tuners
 Knauss Music Store
 Phone 362

BOSTON MEAT MARKET
 F. E. KNOWLES, Proprietor.

The Leading Market in the City and Still Growing.

We kill our own Cattle and Hogs and they are inspected by the State Inspector before being slaughtered. We handle only the best.

We make our own Sausage and Hamburger. Ground daily. We also make our Bologna and Wienerwurst. We keep a nice assortment of Cold Meats for lunch.

Fresh Boiled Meat at 11 A. M. daily.

Fresh Fish on Fridays.

Watermelons on ice.

Our goods are right. Our prices are right and we'll treat you right.

122 E. Oklahoma Ave. Phone 684.

Notes and Personals of Society

Lenore Burke Phone 245

DAILY THOUGHT

When a man hasn't anything to say, that is the best time not to say it.

CALENDAR

Monday
 Church of the Holy Trinity

Tuesday
 Auction Room—Miss J. J. Raymaker and John H. Beland.

Luncheon for Oklahoma City Ladies Golf Club—Guthrie Ladies Club at the town hotel.

Misses George Club—Library.

Wednesday
 Auction Room—Miss J. J. Raymaker and John H. Beland.

At 10 o'clock—Mrs. Paul Keyser.

Thursday
 At 10 o'clock—Mrs. J. T. Owens.

At 10 o'clock—Mrs. Tom McNally.

At 10 o'clock—Mrs. Everett Timley.

Woman's Auxiliary—Dr. R. Mrs. John Rastwood.

Friday
 Friends Dinner Club—Dr. and Mrs. Chas. B. Barker.

Saturday
 Rodney Mooney Shah Club—Mrs. O. Earl Hopkins.

Phi Delta Gamma Club—Miss Lenore Burke.

New Dinner Club

Mr. and Mrs. Lavinia D. Bronson entertained Mr. and Mrs. O. L. Curd, Mr. and Mrs. Odith K. Spurrier and Mr. and Mrs. Hanson Hamill at the first meeting of their newly organized Saturday evening dinner club. At seven o'clock a delicious three course dinner was served by the hostess, and the dining table was made attractive with Halloween place-cards and favors.

Auction dinner club. At seven o'clock a delicious three course dinner was served by the hostess, and the dining table was made attractive with Halloween place-cards and favors.

At the evening and Mrs. Hamill received a hand-painted plate for top score for the ladies and Mr. Curd, silk hose for top score for the men. In two weeks the club will meet with Mr. and Mrs. Curd.

Six O'clock Dinner

Mr. Leo Feary entertained at six o'clock dinner Saturday for her brother, Earl W. Murphy, Jr. and his guests from the Catholic University at Shawnee. Carnations decorated the dining table and the after dinner hours were spent with music and dancing until 10:30 when the boys left for Shawnee. Earl remained over Sunday with his parents, returning to school this morning. The guests at the dinner were Earl W. Murphy, William and John Murphy, James Ripe, John Greig, Forrest Courtney, Busby McKay, Frank Radul, William Galagher, William McLarney and Carl Schriener.

Hallowe'en Luncheon

Invitations have been received by Guthrie friends of Mrs. Samuel Walter Hayes of Oklahoma City for a Hallowe'en luncheon to be given at the Lee-Huckins Hotel, Tuesday, Oct. 23.

Progressive Dinner

Mrs. L. H. Marchetti's circle of the M. E. church will have a progressive dinner.

Husband Saved His Wife

Stopped Most Terrible Suffering by Getting Her Lydia E. Pinkham's Vegetable Compound.

Denison, Texas.—"After my little girl was born two years ago I began suffering with female trouble and could hardly do my work. I was very nervous but just kept dragging on until last summer when I got where I could not do my work. I would have a chill every day and hot flashes and dizzy spells and my head would almost burst. I got where I was almost a walking skeleton and life was a burden to me until one day my husband's sister told me to get Lydia E. Pinkham's Vegetable Compound for me, and after taking the first three doses I began to improve. I continued its use, and I have never had any female trouble since. I feel that I owe my life to you and your remedies. They did for me what doctors could not do and I will always praise it wherever I go."—Mrs. G. O. Lowery, 419 W. Monterey Street, Denison, Texas.

If you are suffering from any form of female ill, get a bottle of Lydia E. Pinkham's Vegetable Compound and commence the treatment without delay.

Division No. 3

Division No. 3 of the Women's Auxiliary will meet with Mrs. John Eastwood, Thursday afternoon.

Hercules Camp

Hercules Camp R. N. A. meets in regular session at the Masonic Hall, Wednesday evening, Oct. 17th.

West Side W. C. T. U.

Society reports of the recent county and state W. C. T. U. conventions will be heard at the east Side W. C. T. U. meeting. It will be a nifty meeting to which all are invited, held at the home of the president, Mrs. E. A. Smith, 1521 West Noble Avenue. The date is Tuesday, Oct. 17th and the time 2:30 p. m.

Ladies Golf Club

Members of the Oklahoma City Ladies Golf Club who will be the guests of the Guthrie club here tomorrow are Misses John W. Choate, R. M. Howard, Arthur A. Whit, A. J. Beatty, C. T. Galls, Roy E. Finerty, George W.

Knob, Wells, W. Miller, John H. Fredrickson, Frank Lungee, Chester P. Nelson, R. E. Looney, O. S. McGahey and Miss Eleanor Shells of New Orleans who is the guest of Mrs. Fredrickson.

FOR A MUDDY COMPLEXION

Take Chamberlain's Tablets and adopt a diet of vegetables and cereals. Take outdoor exercise daily and your complexion will be greatly improved within a few months. Try it. Obtainable everywhere.

Over one hundred and fifty thousand women in New York are lacking the fight on the white slave evil in that city.

Miss Ruth Law is said to be the first woman aviator to try the dangerous trick of flying by night.

Although she is past 99 years of age Mrs. Mary Norcross of Tunville, Ill. is just learning to read.

Children Cry FOR FLETCHER'S CASTORIA

PERSONAL AND LOCAL

L. D. Bronson returned home to Kansas City, Saturday evening.

Mrs. W. G. Ashton is here from Oklahoma City to spend the week end with Mrs. Wm. Sexauer.

Mr. and Mrs. George Edmunds have returned from California and are at home at 822 East Cleveland.

Miss Odith K. Spurrier will visit in Tulsa, Okmulgee and other east side cities the latter part of this week.

Mr. and Mrs. George Platt of Lawrence, Kan. are visiting Mr. and Mrs. Ed Platt of North 20th street.

Miss Lane Osborne was up from

Boys' Mackinaw Coats

Shawl or convertible collar, some have sport back; some belted all around; patch pockets; good warm fabrics in red, brown, tan and green overplaids. Sizes 8 to 18 years. Price

\$2.95, \$3.95, \$5.00 and \$6.00

Boys' Caps

New shapes in heavy materials. Price 25c, 50c, 75c and \$1.00

ABELL'S

WE SELL GOOD CLOTHING CHEAPER THAN ANY HOUSE IN OKLAHOMA.

dinner, Monday, Oct. 16 at 5:30 p. m. The first course will be at Mrs. O. G. Chisum's 737 East Cleveland, the dinner course at Mrs. L. J. Stark's 505 E. Cleveland and the last course at Mrs. O. G. Wolganoff's. Tickets, 25 cents.

Five Hundred Party

Miss Ruby Craft and Miss Minnie Redmon were here from Oklahoma City to spend the week end with friends. Friday evening, Mrs. John P. Chappelle and Miss Esther Wallace gave a five hundred party in their honor at the home of Mrs. S. K. Van Voorhees. Mrs. W. H. Hoer and Mr. Webb Baker made the prize winning scores. After the card games a contest was held; Dr. R. O. Hirsch, the prisoner, was tried for hunting "possum out of season, but by tipping the judge, Mr. Baker, and the prosecuting attorney, Mr. Galen Crow, he was cleared of the charge. Mr. Hoer was sheriff, Mr. Olen county attorney, Miss Edna Graham witness for the plaintiff and Miss Redmon and Mr. Henry Chamberlain, witnesses for the county. Saturday afternoon, Mrs. Chappelle and Miss Wallace gave an informal tea and thimble party, having as their guests Miss Craft, Miss Redmon, Mrs. Van Voorhees, Mrs. W. H. Hoer, Misses Emma Newell, Ethel Hikes, Clara Swatek, Frances Smith, Edna Graham and Margaret and Nettie Doolittle.

Miss Genevieve Beland Entertains

Miss Genevieve Beland had as her guests Saturday afternoon the members of the Phi Delta Gamma club. Mrs. A. J. Dibbens is a new member and Mrs. Earl R. Cook of Bromide was an out-of-town member present. Mrs. Phil Trauband and Miss Muriel Van Hooger were successful in winning the favors presented for high and low scores. Miss Beland served dainty two course refreshments after the game.

Kooney Mooney Shah Entertains

Mrs. M. G. Koutall of Chicago was a special guest of the Kooney Mooney Shah club Saturday when Mrs. F. L. Brown was hostess at her home in South Division street. In the game of auction which was the diversion for the afternoon Mrs. Glisya Payne won high score and Mrs. O. E. Hopkins low. Mrs. Brown had her home prettily decorated with red coxcombs for the occasion and after the game, she served a dainty one course luncheon. Mrs. O. Earl Hopkins will entertain the club next Saturday.

Division No. 3

Division No. 3 of the Women's Auxiliary will meet with Mrs. John Eastwood, Thursday afternoon.

Hercules Camp

Hercules Camp R. N. A. meets in regular session at the Masonic Hall, Wednesday evening, Oct. 17th.

West Side W. C. T. U.

Society reports of the recent county and state W. C. T. U. conventions will be heard at the east Side W. C. T. U. meeting. It will be a nifty meeting to which all are invited, held at the home of the president, Mrs. E. A. Smith, 1521 West Noble Avenue. The date is Tuesday, Oct. 17th and the time 2:30 p. m.

Ladies Golf Club

Members of the Oklahoma City Ladies Golf Club who will be the guests of the Guthrie club here tomorrow are Misses John W. Choate, R. M. Howard, Arthur A. Whit, A. J. Beatty, C. T. Galls, Roy E. Finerty, George W.

Knob, Wells, W. Miller, John H. Fredrickson, Frank Lungee, Chester P. Nelson, R. E. Looney, O. S. McGahey and Miss Eleanor Shells of New Orleans who is the guest of Mrs. Fredrickson.

FOR A MUDDY COMPLEXION

Take Chamberlain's Tablets and adopt a diet of vegetables and cereals. Take outdoor exercise daily and your complexion will be greatly improved within a few months. Try it. Obtainable everywhere.

Over one hundred and fifty thousand women in New York are lacking the fight on the white slave evil in that city.

Miss Ruth Law is said to be the first woman aviator to try the dangerous trick of flying by night.

Although she is past 99 years of age Mrs. Mary Norcross of Tunville, Ill. is just learning to read.

Children Cry FOR FLETCHER'S CASTORIA

PERSONAL AND LOCAL

L. D. Bronson returned home to Kansas City, Saturday evening.

Mrs. W. G. Ashton is here from Oklahoma City to spend the week end with Mrs. Wm. Sexauer.

Mr. and Mrs. George Edmunds have returned from California and are at home at 822 East Cleveland.

Miss Odith K. Spurrier will visit in Tulsa, Okmulgee and other east side cities the latter part of this week.

Mr. and Mrs. George Platt of Lawrence, Kan. are visiting Mr. and Mrs. Ed Platt of North 20th street.

Miss Lane Osborne was up from



Al has done me the greatest wrong a man can do. HELEN HOUCK.

killed herself, because, she said in her note, read later by the coroner, "Al has done me the greatest wrong a man can do."

Oklahoma City to spend the week end with her parents. Mr. and Mrs. D. J. is here today.

Miss Agnes Brickner who is teaching near Cushing this term, spent the week end with her parents, Mr. and Mrs. J. T. Brickner.

Citizens! Citizens!

Buy your fries and eggs at Grunden's Feed Store. We handle everything from a toothpick down to a threshing machine. We deliver. Phone 1014.

OF LOCAL MOMENT

George Sloan, county commissioner from the north district is here today.

Miss Nellie Anderson is assisting County Assessor Knott Carter this week.

What has become of the old-fashioned woman who hated to bust a \$20 bill?

Let's new Delinators. Fashion, books and patterns are here in November.

No scarcity in dye stuffs seems to lessen the number of green, blue and yellow hats.

Probably it makes the calf awfully mad to see the milkmaid grab hold with unsanitary hands.

Tulsa is planning to build a Masonic temple after the style of the Guthrie structure.

Another advantage that Cuscuta had was that he could cross the Hudson without dodging submarines.

Our observation is that when a girl's shoe is so tight it makes her limp she says there's a tack in it.

Do not ask the stranger if he graduated from a great university. If he did he will tell you soon enough.

One idea of a rich lady is one who could afford to wear cottons and beads and feed her canary on Oklahoma wheat.

Judge Montville Flower of California will speak at the city hall tonight. Ladies are especially invited. He is a fine orator.

Indian summer and everybody happy. Even the grass is greener. But winter is just over the hill—don't overlook that.

The dry spell has been broken. Rainfall in Logan during past 36 hours, 2 inches. First real rainy period since July.

Guthrie Lodge No. 55 A. F. & A. M. will have work in all degrees tomorrow, starting at 1 o'clock and serving supper at their lodge hall.

Frank Weiss, for two years deputy county assessor left yesterday for Tulsa where he becomes a deputy in the assessor's office of that county.

"Daddy" Oliver, who buys cotton in season and represents his district as



"Oh Look! I can eat 'em all—they won't hurt me! That's because they're made with Calumet—and that's why they're pure, tempting, tasty, wholesome—that's why they won't hurt any kid."

Received Highest Awards

See Cook Book For the Story in Food Can.



Cheap and big Calumet Baking Powder don't save you money. Calumet does—it's pure and far superior to most milk and soda.

main steps County Campaigning.

The heavy rains throughout the county have changed the campaign in the country districts. Candidates for county offices are playing the town game today.

RED CROSS BALL BLUE

That's the idea. A pure blue, true blue, no dope. Gives to clothes a clear white, whiter than snow. Is clear and pure as the best. Large package made by good grocers only. 5 cents. Ask for it today—Ady.

FOLEY KIDNEY PILLS

FOR ENLARGED KIDNEYS AND BLADDER

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

Let's new Delinators. Fashion, books and patterns are here in November.

HAVE'NT YOU READ ABOUT THEM?



Styleplus \$17

Clothes

"The same price the nation over."

The makers advertise them nationally and we advertise them locally. They are sold from coast to coast, everywhere, always at the one price—\$17.

THE PRICE HAS NOT BEEN RAISED

THE GUARANTEE REMAINS THE SAME

See the display in our show windows, then come in and try on your size. You will be surprised at the exceptional values.

Gardner & Soehl